## FOURTH DISTRICT SENIORS RESOURCE CENTER
**Putting a Healthy “twist” on Down Home Style Nutritious Cooking**  
**April 2017 MENU**

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
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</tbody>
</table>
| 2      | 3 Spaghetti with Meat Sauce  
Tossed Green Salad  
Garlic Bread  
Dessert  
Beverage | 4 Black Eyed Peas with Ground Turkey  
Steamed Cabbage  
Corn Bread  
Dessert  
Beverage | 5 Lemon Chicken Rice Pilaf  
Stir Fry Vegetables Bread  
Dessert  
Beverage | 6 **NO LUNCH SERVED** | 7 Baked/Fried Fish  
Sweet Potato Fries  
Green Salad  
Dinner Roll  
Dessert  
Beverage | 8 |
| 9      | 10 Chicken Cacciatare  
Over Pasta  
Tossed Green Salad  
Dessert  
Beverage | 11 Tuna Salad with Lettuce, Tomato, Onions  
Tomato Bisque Soup Crackers  
Fruit Compote  
Beverage | 12 Meat Loaf  
Baked Potatoes  
Steamed Broccoli  
Dinner Roll  
Dessert  
Beverage | 13 Baked/Fried Fish  
Cole Slaw  
Mixed Vegetables  
Wheat Bread  
Easter Cup Cakes  
Beverage | 14 ![Good Friday](https://example.com)  
**CENTER CLOSED** | 15 |
| 16 ![Easter](https://example.com) | 17 Pasta Primavera  
with Vegetables  
Tossed Green Salad  
Garlic Bread  
Dessert  
Beverage | 18 Liver and Onions  
Mashed Potatoes  
Peas and Carrots  
Bread  
Dessert  
Beverage | 19 Jambalaya  
Tossed Green Salad  
Dinner roll  
Dessert  
Beverage | 20 **NO LUNCH SERVED** | 21 Baked/Fried Fish  
Kenyan Greens  
Tomato Slices  
Corn Bread Muffins  
Dessert  
Beverage | 22 |
| 23 ![Baked Potato](https://example.com) | 24 Baked Potato Bar  
**Baked Potato Bar** | 25 Turkey Sub  
Sandwich  
Cream of Broccoli Soup  
Dessert  
Beverage | 26 Flying Saucer  
Lettuce, tomato, Cheese, Salsa  
Refried Brans  
Dessert  
Beverage | 27 **NO LUNCH SERVED** | 28 Baked/Fried Fish  
Scalloped Potatoes  
Cole Slaw  
Wheat Bread  
Beverage  
HAPPY BIRTHDAY CAKE | 29 |
| 30     |        |         |           |          |        |          |

- **Meal Prices**  
  - $5.50 (60 yrs +) - $8.50 (Under 60 yrs).  
  - ***Menu Subject To Change***
- Enjoy savings by purchasing a voucher plan - see attached info.
- Lunch Hours – (Monday-Friday) 12:00–2:00pm  
  - FDSRC does not discriminate on the basis of race, creed, color, religion, age, disability, sex, sexual orientation, marital status, national origin, and political opinions or affiliations.
GEORGE L. STEVENS NUTRITION PROGRAM
LOYALTY MEAL CARDS
GET YOUR DISCOUNT TODAY!!!!

60 YEARS OR OLDER $5.50 PER MEAL

<table>
<thead>
<tr>
<th>You Pay</th>
<th>Value</th>
<th>Savings</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Card</td>
<td>$23.00</td>
<td>$27.50</td>
</tr>
<tr>
<td>2 Cards = 10 meals</td>
<td>$45.50</td>
<td>$55.00</td>
</tr>
<tr>
<td>3 Cards = 15 meals</td>
<td>$63.50</td>
<td>$82.50</td>
</tr>
<tr>
<td>4 Cards = 20 meals</td>
<td>$85.50</td>
<td>$110.00</td>
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</table>

UNDER 60 YEARS $8.50 PER MEAL

<table>
<thead>
<tr>
<th>You Pay</th>
<th>Value</th>
<th>Savings</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Card</td>
<td>$37.50</td>
<td>$42.50</td>
</tr>
<tr>
<td>2 Cards = 10 meals</td>
<td>$72.50</td>
<td>$85.00</td>
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<tr>
<td>3 Cards = 15 meals</td>
<td>$100.50</td>
<td>$127.50</td>
</tr>
<tr>
<td>4 Cards = 20 meals</td>
<td>$135.50</td>
<td>$170.00</td>
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</tbody>
</table>

ALL CARDS VALID FOR (90) DAYS

Free delivery service: 10 or more meals within (5) miles of George L. Stevens Center

Volunteers needed for food service delivery.

BON APPE’TIT!!!