


FOURTH DISTRICT SENIORS RESOURCE CENTER

August 2017

MENU

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Ground Beef Meatballs in gravy Rice Peas Roll Dessert/Beverage	2  CHEF'S CHOICE!!	3 NO LUNCH SERVED	4 Fried Fish Gourmet Grits Carrot Raisin Salad Wheat Roll Dessert Beverage	5
6	7 Hamburger on Bun Lettuce, Tomato, Onions Home Fries Dessert Beverage	8 Chicken Pot Pie Whole Kernel Corn Broccoli Dessert Beverage	9 Beef Short Ribs Garlic Mashed Potatoes English Peas Dinner Roll Dessert Beverage	10 NO LUNCH SERVED	11 Fried Fish Baked Potato Sour Cream/Butter Coleslaw Dessert Beverage	12
13	14 Chicken Salad on Bed of Lettuce Assorted Crackers Cucumbers & Tomato Salad Bread Sticks Dessert/Beverage	15 Polish Sausage on Bun Mustard, Relish Onions, Baked Beans Dessert Beverage	16 Flying Saucer Lettuce, Tomato, Cheese, Salsa Refried Beans Dessert Beverage	17 NO LUNCH SERVED	18 Fried Fish Seasoned Fries Coleslaw Wheat Bread Dessert Beverage	19
20	21 Cobb Salad Ham, Boiled Eggs Croutons Soup Dessert Beverage	22 Fried Chicken Steamed Rice Black Eyed Peas Sliced Tomatoes Dessert Beverage	23 Spaghetti with Ground Beef Tossed Green Salad Garlic Bread Dessert Beverage	24 NO LUNCH SERVED	25 Fried Fish Pasta Salad Green Beans Wheat Bread Dessert Beverage	26
27	28 Sliced Turkey Sandwich Split Pea Soup Dessert Beverage	29 Tuna Macaroni Salad Lettuce, Tomato Assorted Crackers Dessert Beverage	30 Bar Be Cue Pork Ribs Potato Salad Mixed Vegetables Dinner Roll Dessert Beverage	31 NO LUNCH SERVED		

- ▶ Meal Prices - \$5.50 (60 yrs +) - \$8.50 (Under 60 yrs). *****Menu Subject To Change*****
- ▶ Enjoy savings by purchasing a voucher plan - see attached info.
- ▶ Lunch Hours – (Monday-Friday) 12:00 – 2:00pm **FDSRC does not discriminate on the basis of race, creed, color, religion, age, disability, sex, sexual orientation, marital status, national origin, and political opinions or affiliations.**

George L. Stevens Senior Community Center
 570 S. 65th Street – San Diego, CA 92114 (619) 266-2066

GEORGE L. STEVENS NUTRITION PROGRAM
LOYALTY MEAL CARDS
GET YOUR DISCOUNT TODAY!!!!

60 YEARS OR OLDER \$5.50 PER MEAL

	<u>You Pay</u>	<u>Value</u>	<u>Savings</u>
1 Card = 5 meals	\$23.00	\$27.50	\$4.50
2 Cards = 10 meals	\$45.50	\$55.00	\$9.50
3 Cards = 15 meals	\$63.50	\$82.50	\$19.00
4 Cards = 20 meals	\$85.50	\$110.00	\$24.50

UNDER 60 YEARS \$8.50 PER MEAL

	<u>You Pay</u>	<u>Value</u>	<u>Savings</u>
1 Card = 5 meals	\$37.50	\$42.50	\$5.00
2 Cards = 10 meals	\$72.50	\$85.00	\$12.50
3 Cards = 15 meals	\$100.50	\$127.50	\$27.00
4 Cards = 20 meals	\$135.50	\$170.00	\$34.50

ALL CARDS VALID FOR (90) DAYS

Free delivery service: 10 or more meals within (5) miles of George L. Stevens Center

Volunteers needed for food service delivery.

BON APPE'TIT!!!

