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| **FOURTH DISTRICT SENIORS RESOURCE CENTER**  **March 2017**  **MENU** | | | | | | |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  |  |  | **1** Chili  Steamed Rice  Salad  Corn Bread  Dessert  Beverage | **2**  **NO LUNCH**  **SERVED** | **3** Fried Fish  Sweet Potatoes Green Beans  Wheat Bread  Dessert  Beverage | **4** |
| **5** | **6** Homestyle Beef Stew/Gravy  Rice  Peas & Carrots  Corn Bread  Banana Pudding  Beverage | **7**  **NO LUNCH**  **SERVED** | **8** Meat Loaf  Mashed Potatoes  Steamed Broccoli  Dinner Roll  Dessert  Beverage | **9**  **NO LUNCH**  **SERVED** | **10** Fried Fish  Macaroni Salad  Green Peas  Dinner Roll  Dessert  Beverage | **11** |
| **12**  **Image result for daylight savings images free** | **13** Fried Chicken  Mashed Potatoes  Tossed Green Salad  Dinner Roll  Sherbet  Beverage | **14**  **NO LUNCH**  **SERVED** | **15** Baked Lemon Chicken  Stir Fry Vegetables  Sweet Potatoes  Bread  Dessert/Beverage | **16**  **NO LUNCH**  **SERVED** | 17 Fried Fish  Scalloped Potatoes  Cole Slaw  Dinner Roll  Dessert/Beverage | **18** |
| **19** | **20** Deluxe Hamburger  Lettuce, Tomato, Onions  Potato Wedges  Fruited Jell-O  Beverage | **21**  **NO LUNCH**  **SERVED** | **22** Flying Saucer  Lettuce, Tomato, Cheese, Salsa  Refried Beans  Dessert  Beverage | **23**  **NO LUNCH**  **SERVED** | **24** Fried Fish  Potato Salad  California Medley Vegetables  Wheat Bread  Dessert/Beverage | **25** |
| **26** | **27** Pork Chops Smothered in Gravy  Steamed Rice  Tossed Green Salad Dinner Roll  Dessert/Beverage | **28**  **NO LUNCH**  **SERVED** | **29** Bar B Cue Ribs  Macaroni & Cheese  Seasoned Green Beans  Dinner Roll  Dessert/Beverage | **30**  **NO LUNCH**  **SERVED** | 31 Fried Fish  Home Fries  Mixed Vegetables  Beverage  **HAPPY BIRTHDAY CAKE** |  |

► Meal Prices - $5.50 (60 yrs +) - $8.50 (Under 60 yrs).

**George L. Stevens Senior Community Center**

**570 S. 65th Street (Off Skyline Dr.)**

**San Diego, CA 92114**

**(619) 266-2066**

► Enjoy savings by purchasing a voucher plan - see attached info.

► Lunch Hours – (Monday-Friday) 12:00–2:00pm **FDSRC does not discriminate on the basis of race, creed, color**

**religion, age, disability, sex, sexual orientation, marital status, national origin, and political opinions or affiliations.**

GEORGE L. STEVENS NUTRITION PROGRAM

**LOYALTY MEAL CARDS**

GET YOUR DISCOUNT TODAY!!!!

**60 YEARS OR OLDER $5.50 PER MEAL**

**You Pay Value Savings**

1 Card = 5 meals $23.00 $27.50 $4.50

2 Cards = 10 meals $45.50 $55.00 $9.50

3 Cards = 15 meals $63.50 $82.50 $19.00

4 Cards = 20 meals $85.50 $110.00 $24.50

**UNDER 60 YEARS $8.50 PER MEAL**

**You Pay Value Savings**

1 Card = 5 meals $37.50 $42.50 $5.00

2 Cards = 10 meals $72.50 $85.00 $12.50

3 Cards = 15 meals $100.50 $127.50 $27.00

4 Cards = 20 meals $135.50 $170.00 $34.50

**ALL CARDS VALID FOR (90) DAYS**

Free delivery service: 10 or more meals within (5) miles of George L. Stevens Center

Volunteers needed for food service delivery.

**BON APPE’TIT!!!**

