






FOURTH DISTRICT SENIORS RESOURCE CENTER

Putting a Healthy "twist" on Down Home Style Nutritious Cooking

MARCH 2025 MENU



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2 FOURTH DISTRICT SENIORS RESOURCE CENTER 	3	4	5 GLIDE & STRIDE WALKERS 9:30 – 10:30 am *** <i>"Feeling Fit Exercise"</i> 10:30 – 11:30 am WED. & FRI.	6 VOLUNTEER STAFF MTG. 10:30 AM LINE DANCING 1:00 – 2:00 pm *** BRIDGE GAMES 2:30 – 4:30 pm	7 Fried/Baked Fish Mexi Corn Brussel Sprouts Buttermilk Biscuit Dessert Beverage	8
9 	10	11 FDSRC'S BOARD MEETING 10:30 – 12:30 PM	12 GLIDE & STRIDE WALKERS 9:30 – 10:30 am *** <i>"Feeling Fit Exercise"</i> 10:30 – 11:30 am WED. & FRI..	13 LINE DANCING 1:00 – 2:00 pm *** BRIDGE GAMES 2:30 – 4:30 pm	14 Fried/Baked Fish Mashed Potatoes Seasoned Green Beans Dinner Roll Dessert Beverage	15
16	17	18 GOLDEN ACORN CASINO TRIP FUNDRAISER 9:00 AM – 3:00 PM \$20.00 	19 GLIDE & STRIDE WALKERS 9:30 – 10:30 am *** <i>"Feeling Fit Exercise"</i> 10:30 – 11:30 am WED. & FRI. *** YOUNG AT HEART CLUB 1:00 – 4:00 pm	20 S.W.A.G. MEETING 10:30 – 12:30 pm *** LINE DANCING 1:00 – 2:00 pm *** BRIDGE GAMES 2:30 – 4:30 pm	21 Fried/Baked Fish Home Fries Cole Slaw Hush Puppies Dessert Beverage	22
23	24	25	26 GLIDE & STRIDE WALKERS 9:30 – 10:30 am *** <i>"Feeling Fit Exercise"</i> 10:30 – 11:30 am WED. & FRI.	27 FEEDING SAN DIEGO FOOD DISTRIBUTION 11:00 – 2:00 pm LINE DANCING 1:00 – 2:00 pm BRIDGE GAMES 2:30-4:30 pm	28 Fried/Baked Fish Potato Salad English Peas Dinner Roll Dessert Beverage	29
30	31					

- ▶ Meal Prices - (Single) Perch \$12.00 – Catfish \$13.00
 - ▶ (Double) Perch \$15.00 – Catfish \$16.00
 - ▶ Non-Seniors \$18.00
- ▶ Lunch Hours – (Friday) 12:00– 2:00pm ***Menu Subject to Change***

FDSRC does not discriminate on the basis of race, creed, color, religion, age, disability, sex, sexual orientation, marital status, national origin, and political opinions or affiliations.

George L. Stevens Senior Community Center
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